



The
University
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Safety
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To All current First Aid at Workers

Dear Colleague

Defibrillator Training – 15 July 2009

I know that there are several of you with defibrillator certificates which have now expired and there may be some of you who are able to undertake the training prior to graduation first aid. Accordingly, we are running two training sessions on 15 July.

Session DF1 Thursday 7 July 0900 – 1130 or
Session DF2 Friday 8 June 0915 - 1145

If you are new to the use of a defibrillator, be assured that it is almost "idiot proof". Because it is an intelligent machine, it is almost impossible to shock a casualty inappropriately. Nevertheless, competency in normal CPR techniques is essential because circulation to the brain should be maintained whilst the machine is being set up. If you're not sure – come and see!

If you would like to attend, please book your session by e.mail as soon as possible –
A.Willcox@Sheffield.ac.uk.

Best wishes
Yours sincerely

Dr Anne Willcox
Deputy Head of Safety Services